THE COMPASS SEASON

BY PENNY DU TOIT

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The Compass Season

Winning the Future Together

Penny du Toit

“Dedicated to Elnathan — may you be a leader for the future.”

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Letter to You,

Dear Teacher,

In today's schools, we see how growing pressure is overwhelming our children. The demanding school curriculum, along with a flood of extracurricular activities, places a heavy burden on young shoulders. The pressure to perform – from both parents and teachers – often robs them of hope and leaves them directionless. It fractures that moral compass which once lay at the heart of our society. This stress leads to serious challenges: teenage pregnancies, poor self-esteem, and a lack of strong leadership. As if that weren't enough, broken homes cast a shadow of despair over our communities.

The impact is undeniable: we are raising a generation that is not always prepared to weather the storms of the modern world. We are seeing a decline in the spiritual and moral values necessary to face the future with courage and integrity. In a time where fear and uncertainty hang over us like a mist, it is more important than ever to unite the three pillars of our society – the family, the school, and the community.

This programme is our answer – a chance to bring direction and restore hope. It is specifically designed to build future leaders, to bring light into a world filled with fear, and to realign the moral compass with Biblical principles. Through a method that includes mentorship, music, and interactive lessons, we aim to lay a solid foundation. Our dream is that children will not only excel academically but will also grow in character, faith, and moral strength – so they can reach their full potential.

With this letter, I invite you to join us on this journey. Let's build a future where values, strong character, and leadership form the heart of a renewed and healthy society. You have the power to make a difference with us – to change the future.

With hope and faith,

Penny Du Toit

Contact me please if you are using this program. (There is no royalties or fees.)

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Introduction

Purpose of the Programme

Core Message:

- To help children apply Biblical values and moral principles in their daily lives.
- To offer a life compass in an uncertain era through a balanced approach to spiritual growth and character development.

What It Achieves:

- Children learn to understand and live out the concepts of love, hope, and self-worth according to God's guidelines.
- A solid foundation is laid for future decisions aligned with Christian principles.

Mentorship Model

Core Message:

- The programme is based on a mentorship model in which both teachers and older children act as role models for younger learners.

Implementation:

- Teachers as Mentors: Teachers are trained not only to offer academic support but also to share their personal life stories and journeys of faith. They will serve as leaders and examples in the shared development of character and discipline.
- Children as Mentors: Older, spiritually and emotionally resilient children can assist younger learners by sharing their experiences, particularly through group activities and collaborative games. This promotes a culture of mutual support and positive peer leadership.

Music and Interactive Lessons

Core Message:

- Music and interactive lessons make the learning process accessible, engaging, and relevant to children.

Implementation:

- Music:
- Use well-known children's songs such as "Jesus Loves Me" and "He's Got the Whole World" that not only are familiar but also convey messages of love and trust.
- Songs will be adapted and selected to highlight specific values and life lessons, creating a joyful and inclusive atmosphere.
- Interactive Lessons:
- Lessons will be practical, combining Scripture reading, storytelling, role-play, and creative activities.
- The programme encourages active participation through group discussions, collaborative activities, and creative projects that bring the core messages to life.

Compatibility with School Values

Core Message:

- The programme is designed to align seamlessly with the existing values and disciplinary structures of schools.

Implementation:

- Character Development:
- Lessons are structured to add an extra layer of character-building, focusing on honesty, responsibility, and self-discipline.
- This supports the positive environment already encouraged by schools.
- Positive Discipline:
- The programme's emphasis on mentorship and interactive learning promotes a culture of respect and cooperation, contributing to overall discipline and order in the classroom.

Logistics and Implementation

Core Message:

- To make the programme as accessible and practical as possible, a clear logistical framework is essential.

Implementation:

- School Visits:

- It is recommended that school visits take place regularly – for example, one session per week or a monthly series of sessions – to ensure the programme remains consistent and predictable.

Session Duration:

- Each session can last between 30 minutes and 1 hour, providing enough time for a combination of music, Scripture reading, and interactive activities without disrupting the normal schedule. The specific lesson plan and its development will determine the amount of content; this remains a guideline.

Role of Teachers:

- Teachers will not only act as facilitators but will also be involved in evaluating the programme and adjusting it based on feedback.

Support and Collaboration:

- The structure of the programme allows for collaboration with the school's existing curricula and educational initiatives, ensuring an integrated approach to character development.

Summary

The proposed evangelism and character-building programme offer a comprehensive approach to spiritual and personal development. With a focus on mentorship, music, interactive lessons, and compatibility with existing school values, the programme provides a solid foundation for children to grow in a world full of challenges.

Overview

This 30-week overview plan is designed to help children build character, strengthen values, and deepen their Christian morality in an interactive way. Each week combines music, Scripture reading, and engaging activities. Below is an outline of the 30 weeks with suggested themes, goals, music, and Scripture passages:

General Weekly Structure

- Opening: A short prayer or meditation to begin the session.
- Music Segment: Sing a praise song related to the week's theme.
- Scripture Reading: A short Bible passage supporting the weekly message.
- Core Lesson: Discussion, stories, and interactive activities (role-play, group talks, drawings) centred around the theme.
- Closing: Summary of the lesson learned and a closing prayer.

Week 1 / Lesson 1 – God Loves Me

Date: _____

Theme: Understanding God's unconditional love.

Preparation (What do I need?):

Read 1 John 4:7-8

"Beloved, let us love one another, for love is of God; and everyone who loves is born of God and knows God. He who does not love does not know God, for God is love.". 1 John 4:7-8

Objective:

Learners should understand that God loves them deeply, regardless of their circumstances or mistakes.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction:

What does it mean to be loved by someone? Can love ever stop? Let's talk about how God's love is different from human love.

Song for the week:

The Love of Jesus https://www.youtube.com/watch?v=SVZndvd-c4Y

Lesson Presentation / Context:

Discuss what it means that God loves us, and what love for each other should mean. Use 1 John 4:7-8 as the foundation. Use the concept in 1 Cor 13 also eg: 1

Corinthians 13 is often referred to as the "Love Chapter." Here's a summary of what it teaches about love:

- Love is Selfless: True love is not about seeking personal gain but putting others first. It's patient, kind, and does not envy or boast.
- Love is Humble: It doesn't behave arrogantly or rudely. It seeks to serve others without expecting anything in return.
- Love is Forgiving: It keeps no record of wrongs and doesn't hold grudges. It seeks reconciliation and peace.
- Love is Protective and Trusting: It always hopes, always believes, and stands firm through challenges. It trusts in God's plan and others' intentions.
- Love Never Fails: Unlike spiritual gifts, love endures forever. It is the greatest virtue, surpassing even faith and hope.

Creative Activity:

Draw a heart and write inside it all the ways God shows His love.

Summary:

Ask: "How does it make you feel to know that God loves you no matter what?"

Closing Prayer (Theme-based):

"Lord God, thank You for loving us even when we do not deserve it. Help us to feel Your love every day and to share it with others. Teach us to love as You love. In Jesus' name. Amen."

Week 2 / Lesson 2 – God's Grace is Enough

Date: _____

Theme: God's grace in our lives.

Preparation (What do I need?):

Read 2 Corinthians 12:9

"My grace is sufficient for you, for My strength is made perfect in weakness."

2 Corinthians 12:9

Objective:

Learners must know that God's grace carries us, especially in difficult times.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction:

What is grace? Can we show grace to others? How does it feel when someone gives you grace?

Song for the week:

Amazing Grace https://www.youtube.com/watch?v=ogxLNlgKM8c

Lesson Presentation / Context:

Talk about how God's grace is different from human kindness. Grace is unearned favour. Give examples from daily life and Scripture.

Creative Activity:

Role play and storytelling when you received grace or kindness you did not deserve.

Summary:

Let learners share moments where they experienced God's grace.

Closing Prayer (Theme-based):

"Father, thank You for Your amazing grace. When we are weak, You are strong. Help us to rely on You and show grace to others. Thank You that Your grace is enough. In Jesus' name. Amen."

Week 3 / Lesson 3 – God is Always With Me

Date: _____

Theme: God's presence in our lives.

Preparation (What do I need?):

Read Joshua 1:9

"Do not be afraid… for the Lord your God is with you wherever you go."

Joshua 1:9

Objective:

Learners should understand that God is always near and never leaves them.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction:

Have you ever felt alone? Who do you call when you're scared? Let's discover how God's presence can comfort us.

Song for the week:

- Into thy Presence we come : https://www.youtube.com/watch?v=LnvV5S_FTw8
- How Great is Our God – https://www.youtube.com/watch?v=KBD18rsVJHk

Lesson Presentation / Context:

Tell the story of Daniel in the lions' den. Highlight how God was with him even in danger.

Creative Activity:

Create a "God is with me" poster to remind yourself that you are never alone.

Summary:

Ask: "How can you remember God is with you this week?"

Closing Prayer (Theme-based):

"Dear Lord, thank You that You are always with us. Help us to trust Your presence in happy times and in fearful times. We are never alone because You are near. In Jesus' name. Amen."

Week 4 / Lesson 4 – God Forgives Us

Date: _____

Theme God's forgiveness for our mistakes.

Preparation (What do I need?):

Read Luke 15:11–32 – The Parable of the Prodigal Son.

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22 But the father said to his servants, 'Bring out the best robe and put it on him, and put a ring on his hand and sandals on his feet.

23 And bring the fatted calf here and kill it, and let us eat and be merry;

24 for this my son was dead and is alive again; he was lost and is found.' And they began to be merry. Luke 15:22-24

Objective:

Learners must know that God forgives when we are truly sorry and turn back to Him.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction:

What do you do when you make a mistake? How do you feel when someone forgives you?

Song for the week:

Please Forgive me - https://www.youtube.com/watch?v=LfFwwc_2Bhg

Lesson Presentation / Context:

Tell the story of the Prodigal Son. Explain what it means to repent and how God welcomes us back.

Creative Activity:

Write a forgiveness letter (not to be delivered) to someone you may have hurt or who hurt you. Reflect on what it feels like to forgive.

Summary:

Ask: “Is there someone you can forgive this week?”

Closing Prayer (Theme-based):

“Gracious Father, thank You for forgiving us when we make mistakes. Teach us to repent and turn back to You. Help us to also forgive others, just as You forgive us. In Jesus’ name. Amen.”

Week 5 / Lesson 5 – God Gives Us Strength

Date: _____

Theme Strength through God in difficult times.

Preparation (What do I need?): Read Philippians 4:13 –

"I can do all things through Christ who strengthens me."

Philippians 4:13

Memory Verse:

"I can do all things through Christ who strengthens me."

— Philippians 4:13

Objective: Learners should understand that God helps us to be strong.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: When have you needed strength? Who helps you when you feel weak

Song for the week:

Jesus makes a way https://www.youtube.com/watch?v=_rSWXf2Y4z0

Waymaker https://www.youtube.com/watch?v=vsypFJ5mNw0

Lesson Content / Context:

Discuss how God gives strength (e.g. David and Goliath and Samson).

Creative Activity:

Make a strength bracelet using beads or string. You can add the words and Scripture “I can do all things through Christ who strengthens me.”— Philippians 4:13

Summary:

Share a time when you felt strong because God helped you.

Closing Prayer (Theme-based):

Lord, thank You that You give us strength when we feel weak. Help us to trust in Your power each day, no matter how hard things may be. Amen.

Challenge / Practical Application:

Help someone this week who feels weak or sad.

Week 6 / Lesson 6 – God Hears Our Prayers

Date: _____

Theme The power of prayer.

Preparation: Read Matthew 7:7

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.”

Matthew 7:7

Memory Verse:

“Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.”

— Matthew 7:7

Objective: Learners should learn that prayer is how we talk to God.

Opening Prayer – The Lord’s Prayer (Matthew 6:9–13, NKJV):

“Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen.”

Introduction: Why do we pray? What do you want to ask God for?

Song for the week:

Hear my Prayer Lord - https://www.youtube.com/watch?v=7YwT71HcWKQ

Lesson Content / Context:

Discuss how prayer brings us closer to God.

Creative Activity:

Make a prayer treasure box (decorate a small box for prayer notes).

Summary:

Write and share a short prayer.

Closing Prayer (Theme-based):

Father God, thank You for listening when we pray. Help us to talk to You every day and believe that You hear us. Amen.

Challenge / Practical Application:

Pray every day this week for one person you know.

Week 7 / Lesson 7 – God's Peace

Date: _____

Theme God's peace in our hearts.

Preparation: Read John 16:33

"These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."

John 16:33

Memory Verse:

"These things I have spoken to you, that in Me you may have peace. In the world you will have tribulation; but be of good cheer, I have overcome the world."

— John 16:33

Objective: Learners should know that God gives peace in chaos.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What makes you feel anxious? How can God help you stay calm?

Song for the week:

In Christ alone - https://www.youtube.com/watch?v=E-H-rh1rZog

Lesson Content / Context:

Discuss how Jesus promised peace to His followers.

Creative Activity:

Draw a peace dove.

Summary:

Share a time when you felt God's peace.

Closing Prayer (Theme-based):

Jesus, thank You that You bring peace even when life is noisy and hard. Help me to trust You when I feel afraid or overwhelmed. Amen.

Challenge / Practical Application:

Bring peace into a disagreement this week.

Week 8 / Lesson 8 – God's Promises

Date: _____

Theme God keeps His word.

Preparation: Read Numbers 23:19 – God never lies.

"God is not a man, that He should lie,

Nor a son of man, that He should repent.

Has He said, and will He not do?

Or has He spoken, and will He not make it good?"

— Numbers 23:19

Memory Verse: Numbers 23:19

Objective: Learners should trust in God's promises.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What is a promise? Has anyone ever broken a promise to you?

Songs for the week:

Promises one by one - https://www.youtube.com/watch?v=Be81y4JZhWY

Lesson Content / Context:

Discuss God's promise to Abraham.

Creative Activity:

Make a promise chain using paper links.

Summary:

Name one promise of God you believe in.

Closing Prayer (Theme-based):

Lord, thank You for always keeping Your promises. Help me to believe You, even when I don't see everything yet. Amen.

Challenge / Practical Application:

Trust God with one thing this week.

Week 9 / Lesson 9 – God Cares for Us

Date: _____

Theme: God takes care of us.

Preparation: Read Matthew 6:26 – Look at the birds.

"Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?"

— Matthew 6:26

Memory Verse: Matthew 6:26

Objective: Learners should know that God takes care of His children.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: Who takes care of you? How does God take care of nature?

Song for the week:

Thank you Lord for your blessings -
https://youtu.be/6h15ezZZzpA?si=jYssKqiAt44eaeKY

Lesson Content / Context:

Discuss how God takes care of the birds and flowers.

Creative Activity:

Draw birds and flowers.

Summary or Discussion:

How has God cared for you?

Closing Prayer (Theme-based):

Father, thank You that You take care of even the smallest sparrow. Help me to remember that You will also care for me. Amen.

Challenge / Practical Application:

Take care of someone or something this week.

Week 10 / Lesson 10 – God's Creation

Date: _____

Theme: God made everything.

Preparation: Read Genesis 1:31 – Everything was good.

Memory Verse:

"Then God saw everything that He had made, and indeed it was very good. So the evening and the morning were the sixth day."

— Genesis 1:31

Objective: Learners should appreciate God's creation.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What is your favourite part of nature?

Song for the week:

O Lord My God - https://www.youtube.com/watch?v=Cc0QVWzCv9k

He made the Stars to shine - https://www.youtube.com/watch?v=7zsLz84WYvI

Watch here

Lesson Content / Context:

Briefly tell the story of creation.

Creative Activity:

Make a creation collage.

Summary:

What in creation shows God’s love?

Closing Prayer (Theme-based):

Gog our Creator, thank You for the beautiful world You made. Help me to care for it and enjoy it every day. Amen.

Challenge / Practical Application:

Spend time in nature this week and thank God for it.

Week 11 / Lesson 11: Be Merciful

Date: _____

Theme: Mercy like God.

Preparation (What do I need?): Read Luke 6:36 – Be merciful.

“Therefore be merciful, just as your Father also is merciful.”

Luke 6:36

Objective: Learners must learn to help others.

Opening Prayer – The Lord’s Prayer (Matthew 6:9–13, NKJV):

“Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen.”

Introduction: What does mercy mean? When has someone been merciful to you?

Song for the week:

Great Is Your Mercy https://www.youtube.com/watch?v=WwW0htdZh8M

Lesson Presentation / Context: Tell the story of the Good Samaritan.

Creative Activity: Make a mercy card.

Summary: Who can you help?

Closing Prayer (Theme-based):

Merciful God, thank You for mercy in my life, help me to see Your mercy more and share it with others . Amen.

Challenge/Practical application:

Help a stranger this week.

Week 12 / Lesson 12: Trust in God

Date: _____

Theme: Trust in God's plan.

Preparation (What do I need?): Read Proverbs 3:5-6 – Trust in the Lord.

"5 Trust in the Lord with all your heart, and lean not on your own understanding; 6 In all your ways acknowledge Him, and He shall direct your paths."

Proverbs 3:5-6

Objective: Learners must learn to trust in God.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What is hard to trust? How does faith help you?

Song for the week:

I Know the Lord Will Make a Way. https://www.youtube.com/watch?v=1zo3fJYtS-o

Trust in the Lord https://www.youtube.com/watch?v=th88YuwyzjQ

Lesson Presentation / Context: Discuss how God's path is sometimes different.

Creative Activity: Create a mind map path to God.

Summary: What do you entrust to God?

Closing Prayer (Theme-based):

Dear Lord Jesus, help me to trust You and not make decisions and choices on my own understanding. Teach me to trust You in all I do. Amen.

Challenge/Practical application:

Trust God with a problem this week.

Week 13 / Lesson 13: God's Salvation

Date: _____

Theme: Jesus has saved us.

Preparation (What do I need?): Read John 3:16 – God loved the world.

"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life."

John 3:16

Objective: Learners must understand Jesus' sacrifice.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What does salvation mean? Why did Jesus die?

Song for the week: I Am Redeemed.
https://www.youtube.com/watch?v=ObGzri9SuKY

Lesson Presentation / Context: Briefly tell the story of the crucifixion.

Creative Activity: Make a cross artwork.

Summary: How do you feel about Jesus' love?

Closing Prayer (Theme-based):

Merciful God, thank You for love and salvation plan for my life. I give my life in your hands to save me from this world of confusion and deception. Amen.

Challenge/Practical application: Share the good news with someone.

Week 14 / Lesson 14: Be Thankful

Date: _____

Theme: Gratitude towards God.

Preparation (What do I need?): Read 1 Thessalonians 5:18 – Be thankful always.

"In everything give thanks; for this is the will of God in Christ Jesus for you."

1 Thessalonians 5:18

Objective: Learners must practise gratitude.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What are you thankful for? How do you say thank you to God?

Song for the week:

Count Your Blessings. https://www.youtube.com/watch?v=3EoiHMKQxa4

Lesson Presentation / Context: Discuss why gratitude is important.

Creative Activity: Make a thank-you list.

Summary: Share one thing you are thankful for.

Closing Prayer (Theme-based):

Heavenly Father teach me this week to show gratitude for all I have and receive. Amen.

Challenge/Practical application: Say thank you to three people this week.

Week 15 / Lesson 15: God's Light

Date: _____

Theme: Be a light to others.

Preparation (What do I need?): Read Matthew 5:14 – You are the light of the world.

"You are the light of the world. A city that is set on a hill cannot be hidden;"

Matthew 5:14

Objective: Learners must learn to show God's light.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: How can you be a light? What does light do in the dark?

Song for the week:

This Little Light of Mine. https://www.youtube.com/watch?v=Czjs-_MvDIk

Lesson Presentation / Context: Discuss how Jesus is the light.

Creative Activity: Make a lantern.

Summary: How can you shine?

Closing Prayer (Theme-based):

Heavenly Father let my light shine in this dark world, let me be a witness unto the people. Amen.

Challenge/Practical application: Be a light to someone this week.

Week 16 / Lesson 16: Love for Others

Date: _____

Theme: Love for your neighbour.

Preparation (What do I need?): Read Matthew 22:39 – You must love your neighbour.

"And the second, like it, is this: You shall love your neighbour as yourself."

Matthew 22:39

Objective: Learners must put love into action.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: Who is your neighbour? How do you show love?

Song for the week:

Daystar https://www.youtube.com/watch?v=kke5f9XyANk

Lesson Presentation / Context: Discuss the Golden Rule.

Creative Activity: Make a friendship collage.

Summary: Whom do you love?

Closing Prayer (Theme-based): Heavenly Father, thank You for teaching us to love our neighbours. Help us to show kindness and care to everyone we meet this week. May our actions reflect Your love. Amen.

Challenge/Practical application: Be kind to everyone this week.

Week 17 / Lesson 17: God's Plan

Date: _____

Theme: God has a plan for you.

Preparation (What do I need?): Read Jeremiah 29:11 – Plans for prosperity.

"For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope."

Jeremiah 29:11

Objective: Learners must trust in God's plan.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."
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Introduction: What do you want to be one day? How does God fit into that?

Song for the week

Many things about tomorrow - https://www.youtube.com/watch?v=PKMRRFQvaRo

Lesson Presentation / Context: Discuss Joseph's story (Genesis 37-50).

Creative Activity: Draw your future with God.

Summary: What is God's plan for you?

Closing Prayer (Theme-based): Lord, we thank You for the plans You have for us. Give us faith to trust in Your path, even when we don't understand. Guide us this week as we follow You. Amen.

Challenge/Practical application: Trust God's plan this week.

Week 18 / Lesson 18: Be Faithful

Date: _____

Theme: Faithfulness to God.

Preparation (What do I need?): Read Luke 16:10 – Faithful in the least.

"He who is faithful in what is least is faithful also in much; and he who is unjust in what is least is unjust also in much."

Luke 16:10

Objective: Learners must learn to be reliable.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What does it mean to be faithful?

Song for the week:

Because He lives https://www.youtube.com/watch?v=RFIr8-gH55E

Lesson Presentation / Context: Discuss Daniel's faithfulness.

Creative Activity: Make a faithfulness pledge.

Summary: In what can you be faithful?

Closing Prayer (Theme-based): Heavenly Father, thank You for Your faithfulness to us. Help us to be trustworthy and true in all we do this week, honouring You with our lives. Amen.

Challenge/Practical application: Keep a promise this week.

Week 19 / Lesson 19: God's Voice

Date: _____

Theme: Listening to God.

Preparation (What do I need?): Read John 10:27 – My sheep hear My voice.

"My sheep hear My voice, and I know them, and they follow Me."

John 10:27

Objective: Learners must learn to hear God's voice.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: How does God speak to us?

Song for the week:

I lift my hands - https://www.youtube.com/watch?v=AIHJSs0EgPo

Lesson Presentation / Context: Discuss how God spoke to Samuel.

Creative Activity: Write what God says to you.

Summary: What have you heard?

Closing Prayer (Theme-based): Lord, we thank You for speaking to us. Quiet our hearts this week so we may hear Your voice clearly and follow Your guidance. Amen.

Challenge/Practical application: Listen to God in silence this week.

Week 20 / Lesson 20: Jesus Is Our Friend

Date: _____

Theme: Friendship with Jesus.

Preparation (What do I need?): Read John 15:15 – I call you friends.

"I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from My Father I have made known to you."

John 15:15

Objective: Learners must see Jesus as a friend.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What makes a good friend? Is Jesus your friend?

Song for the week:

What a Friend We Have in Jesus. https://www.youtube.com/watch?v=TAyaXdvvbGU

Lesson Presentation / Context: Discuss Jesus' friendship with the disciples.

Creative Activity: Draw yourself and Jesus.

Summary: How is Jesus your friend?

Closing Prayer (Theme-based): Dear Jesus, thank You for being our friend. Help us to grow closer to You this week and to share Your friendship with others. Amen.

Challenge/Practical application: Talk to Jesus like a friend this week.

Week 21 / Lesson 21: The Fruit of the Spirit

Date: _____

Theme: Growing in the fruit of the Spirit.

Preparation (What do I need?): Read Galatians 5:22-23

"But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self-control."

Galatians 5:22-23

Objective: Learners must discover how to live out and nurture the beautiful qualities of the Spirit – love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control – in their own lives.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: Have you noticed how easy or difficult it is to show qualities like patience or kindness? What makes it challenging sometimes to bear this "fruit"?

Song for the week:

To be like Jesus https://www.youtube.com/watch?v=1-nj1XJ4TbM

Lesson Presentation / Context: Talk about the difference between someone who says one thing but does another. What does it look like when our words and actions don't match? Tell a simple story (e.g., someone who says they are patient but gets angry in a queue) and ask: "How can the Spirit help us genuinely bear this fruit?"

Creative Activity: Create a "Fruit of the Spirit" tree! Draw or cut out a tree and add leaves or fruit for each quality (love, joy, etc.). Think together of an easy way to remember them, like a rhyme or short sentence (e.g., "Love and peace, I grow with the Spirit!").

Summary: Ask the learners: "Which of these qualities do you find hardest to live out? Why?" Let them share briefly if they wish.

Closing Prayer (Theme-based): Heavenly Father, thank You for Your Spirit who helps us grow. Please give us strength to show love, joy, and all Your fruit in our lives this week. Amen.

Challenge/Practical application: Look this week at how you can apply each of these qualities in your life. Try one each day – perhaps patience on Monday, kindness on Tuesday – and see how it brings joy to you and others!

Week 22 / Lesson 22: God's Strength in Weakness

Date: _____

Theme: Strength in weakness.

Preparation (What do I need?): Read 2 Corinthians 12:10 – I am strong when I am weak.

"Therefore I take pleasure in infirmities, in reproaches, in needs, in persecutions, in distresses, for Christ's sake. For when I am weak, then I am strong."

2 Corinthians 12:10

Objective: Learners must know God uses weakness.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: When do you feel weak? How does God help?

Song for the week:

I am weak but Thou are strong https://www.youtube.com/watch?v=-ARRg9IS9QM

Lesson Presentation / Context: Discuss Paul's thorn in the flesh.

Creative Activity: Make a strength card.

Summary: How does God help your weakness?

Closing Prayer (Theme-based): Lord, thank You for being our strength when we are weak. Please help us this week to rely on You in every challenge we face. Amen.

Challenge/Practical application: Ask God for strength this week.

Week 23 / Lesson 23: Be Generous

Date: _____

Theme: Generosity like God.

Preparation (What do I need?): Read 2 Corinthians 9:7 – Give with joy.

"So let each one give as he purposes in his heart, not grudgingly or of necessity; for God loves a cheerful giver."

2 Corinthians 9:7

Objective: Learners must learn to give.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What does it mean to be generous?

Song for the week:

Now I belong to Jesus https://www.youtube.com/watch?v=5B3QmHrJJn8

Lesson Presentation / Context: Discuss the widow's two coins.

Creative Activity: Make a gift box.

Summary: What can you give?

Closing Prayer (Theme-based): Heavenly Father, thank You for Your generous love. Help us to give cheerfully to others this week, sharing what we have with joy. Amen.

Challenge/Practical application: Give something away this week.

Week 24 / Lesson 24: God's Protection

Date: _____

Theme: God as our protector.

Preparation (What do I need?): Read Psalm 91:4 – He protects you.

"He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler."

Psalm 91:4

Objective: Learners must feel safe with God.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: When do you feel afraid? Who protects you?

Song for the week

In the Shelter of His Arms https://www.youtube.com/watch?v=JxUclMN9RcA

Lesson Presentation / Context: Discuss the angels who guard us.

Creative Activity: Draw a shield.

Summary: How does God protect you?

Closing Prayer (Theme-based): Lord, we thank You for being our protector. Keep us safe this week and help us to trust in Your care over our lives. Amen.

Challenge/Practical application: Trust God's protection this week.

Week 25 / Lesson 25: Pray to God

Date: _____

Theme: Prayer as strength.

Preparation (What do I need?): Read Matthew 6:9-13 – Our Father.

"After this manner therefore pray: Our Father who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done on earth, as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil: For Thine is the kingdom, and the power, and the glory, for ever. Amen."

Matthew 6:9-13

Objective: Learners must value prayer.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: Why is prayer important?

Song for the week:

Lord's Prayer https://www.youtube.com/watch?v=fA47_QaSKgY

Lesson Presentation / Context: Discuss the Lord's Prayer.

Creative Activity: Write your own prayer.

Summary: What do you want to say to God?

Closing Prayer (Theme-based): Heavenly Father, thank You for hearing our prayers. Strengthen us this week as we talk to You and help us to pray with faith and love. Amen.

Challenge/Practical application: Pray the Lord's Prayer this week in the morning and in the evening.

Week 26 / Lesson 26: God's Goodness

Date: _____

Theme: God is always good.

Preparation (What do I need?): Read Psalm 23 – Goodness follows me.

The Lord is my shepherd.

1 A Psalm of David.

The Lord is my shepherd; I shall not want.

2 He makes me lie down in green pastures; He leads me beside still waters.

3 He restores my soul; He leads me in the paths of righteousness for His name's sake.

4 Yea, though I walk through the valley of the shadow of death, I will fear no evil; for You are with me; Your rod and Your staff, they comfort me

5 You prepare a table before me in the presence of my enemies; You anoint my head with oil; my cup runs over.

6 Surely goodness and mercy shall follow me all the days of my life; and I will dwell in the house of the Lord forever.

Psalm 23

Objective: Learners must see God's goodness.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What is good in your life?

Song for the week:

Surely Goodness https://www.youtube.com/watch?v=hyNyLToinis&t=36s

Lesson Presentation / Context: Discuss the Shepherd Psalm.

Creative Activity: Make a goodness journal.

Summary: Where do you see God's goodness?

Closing Prayer (Theme-based): Heavenly Father, thank You for Your goodness. Thank you for being my Shepard, teach me to see Your goodness in this week. Amen.

Challenge/Practical application: Look for God's goodness this week.

Week 27 / Lesson 27: Be Courageous

Date: _____

Theme: Stand up bravely, even against bullies.

Preparation (What do I need?): Read Deuteronomy 31:6 –

"Be strong and of good courage, do not fear nor be afraid of them; for the Lord your God, He is the One who goes with you. He will not leave you nor forsake you."

Deuteronomy 31:6

Objective: Learners must learn to be courageous, especially in situations where they feel scared or intimidated, such as when facing bullies, with God's strength by their side.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What makes you afraid? Perhaps it's someone who puts you down, scares you, or makes you feel you're not good enough. How can God help you be brave, especially against bullies?

Song for the week:

Stand up stand up for Jesus https://youtu.be/xUII9PabHPE?si=TsvLLS1-5Q10mN52

Lesson Presentation / Context: Briefly tell the story of Joshua, who had to be courageous when leading the people to the Promised Land despite great challenges. Relate it to today: “Sometimes bullies feel like giants in our lives – people who scare us or make us feel small. But just like Joshua, God is with us. He says, ‘Be strong, I am here!’ How can we be brave against someone who bullies us?”

Creative Activity: Make a courage medal! Use cardboard, string, or beads and write something like “Strong with God” on it. Wear it as a reminder that you don’t stand alone.

Summary: Ask the learners: “Has there ever been a time when you had to be brave – perhaps against a bully or in a tough moment? How did it feel?” Let them share if they’re comfortable.

Closing Prayer (Theme-based): thank God for always being with us and ask Him for courage to stand up for what’s right, even against bullies.

Challenge/Practical application: Be brave this week! It might mean standing up for yourself if someone bullies you or helping a friend who’s being harassed.
Remember: God goes with you, you’re not alone!

Week 28 / Lesson 28: God's Truth

Date: _____

Theme: The truth sets you free.

Preparation (What do I need?): Read John 8:32 – The truth will set you free.

"And you shall know the truth, and the truth shall make you free."

John 8:32

Objective: Learners must value the truth.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What is truth? Why is it important?

Song for the week:

The Cross https://youtu.be/erxFK2KX3Og?si=2W9QrP0rStygH8Hc

Lesson Presentation / Context: Discuss Jesus as the truth.

Creative Activity: Write a truth verse.

Summary: What is God's truth for you?

Closing Prayer (Theme-based):

Lord in this day we pray that you reveal your truth to us, through your cross you took away our sins. Please help us to be truthful to ourselves and others. Amen

Challenge/Practical application: Speak the truth this week. Don't react negative when the truth are spoken, embrace it.

Week 29 / Lesson 29: Be Hopeful

Date: _____

Theme: Hope in God.

Preparation (What do I need?): Read Romans 15:13 – God of hope.

"Now may the God of hope fill you with all joy and peace in believing, that you may abound in hope by the power of the Holy Spirit."

Romans 15:13

Objective: Learners must remain hopeful.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: What gives you hope?

Song for the week:

All my hope is in Jesus https://youtu.be/1L-xwAZR6tg?si=xe9kHUBUs1zJIB6B

Lesson Presentation / Context: Discuss hope in difficult times.

Creative Activity: Make a hope rainbow.

Summary: What do you hope for?

Closing Prayer (Theme-based):

Heavenly Father we declare today that all our hope is in Jesus. We declare today we cannot function without You Lord. Bless us with the power of the Holy Spirit so we can have joy and peace. Amen

Challenge/Practical application: Give someone hope this week.

Week 30 / Lesson 30: Share God's Love

Date: _____

Theme: Let your light shine.

Preparation (What do I need?): Read Matthew 5:16 – Let your light shine.

"Let your light so shine before men, that they may see your good works and glorify your Father in heaven."

Matthew 5:16

Objective: Learners must share God's love.

Opening Prayer – The Lord's Prayer (Matthew 6:9–13, NKJV):

"Our Father in heaven,
Hallowed be Your name.
Your kingdom come.
Your will be done
On earth as it is in heaven.
Give us this day our daily bread.
And forgive us our debts,
As we forgive our debtors.
And do not lead us into temptation,
But deliver us from the evil one.
For Yours is the kingdom and the power and the glory forever. Amen."

Introduction: How can you help others see God?

Song for the week:

The Love of Jesus https://youtu.be/SVZndvd-c4Y?si=xzy-ZtmnqexrSena

Lesson Presentation / Context: Discuss how we show God's love.

Creative Activity: Make a "light for the world" collage.

Summary: How have you shared God's love?

Closing Prayer (Theme-based):

Challenge/Practical application: Share God's love with others this week.

Closing Word

Dear Teachers,

Over the past 30 weeks, we have embarked on an incredible journey together. From the simple truth “God loves me” to the powerful call to “share God’s love,” you have week after week unlocked the depths of the Bible for your learners. These lessons are more than just words – they are living principles with the power to shape the hearts and minds of the next generation. Through your dedication, you have not only taught but also planted seeds of faith, hope, and love that can grow over time and bear fruit for a better future.

Your calling as teachers is something truly special. You stand on the front line in bringing moral and spiritual values back to our schools – a task more urgent today than ever before. We recognise that this path is not always easy. The challenges, such as time pressures, social issues, and the complexity of today’s classrooms, can feel overwhelming. But know this: your work is not in vain. Every lesson you deliver, every moment you spend guiding a child, and every encouraging word you speak contributes to a greater purpose. You are bearers of light in a world that desperately needs it, and your commitment is a source of hope for our children and our society.

God’s faithfulness, which we have seen throughout these 30 weeks, extends to you as well. He sees your efforts, your sacrifices, and your love for the learners. He promises to be with you and to strengthen you for the task ahead. These 30 weeks are not the end of the journey but a solid foundation on which you can build. Use these lessons again, adapt them for your classrooms, or even create new themes that continue to proclaim God’s truth. The message of the Bible remains ever relevant and can bring new life year after year.

We would greatly value your feedback on this resource. Please contact us to share your thoughts on how you found this book and to offer any suggestions for improvement. Additionally, if you are interested in deepening your involvement in our evangelism training, we invite you to reach out. We offer this training freely as part of our commitment to equipping educators like you to spread God’s message.

Let us pray together for the road ahead:

“Heavenly Father, we thank You for these dedicated teachers. Bless them with Your wisdom, patience, and joy as they teach. Grant them zeal for the task and equip them with strength, as it is written in Acts 1:8: ‘But you shall receive power when the Holy Spirit has come upon you.’ Minister to them, Lord, and fill them with Your Spirit. Give them courage to share Your love and truth with their learners. May their classrooms be places where Your light shines brightly. In Jesus’ Name, Amen.”

May you be encouraged and blessed to continue this precious work. If this plan has supported you, please feel free to share it with other teachers or schools so that even more children can discover God’s love. Together, we can bring faith, hope, and moral direction back to our classrooms, one lesson at a time. You are the key to this change, and we are deeply grateful for you.

With appreciation and encouragement,

Greetings

Penny Du Toit

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